



# Heartland Fire Training

IN PARTNERSHIP WITH

**San Diego Miramar College**

STATE CERTIFIED FF1 ACADEMY

**22nd FIRE ACADEMY**

*Open Enrollment Student*

**ANNOUNCEMENT**

**Orientation January 7, 2012**

**January 9 – April 28, 2012**

**Academy meets Monday, Wednesday, Friday and Saturday 0800-1800**

**ACADEMY COSTS BREAKDOWN:**

CA Resident College Tuition for 9 units (FIPT 381F) at \$36 per unit are **\$324.00** and a mandatory health/accident fee of **\$17.00**; State Fire Marshal/CSTI certification fees for: Haz. Mat. FRO, Low Angle Rescue (LARRO), Auto Extrication, Confined Space Awareness, \$190 and Fire Control 3; at \$20.00 each; Total **\$120.00**, plus all Handling and Shipping charges; Essentials 5<sup>th</sup> Edition **\$65.00**; SCBA Mask Fit Test **\$30.00**;

Equipment **\$2794.00**. **TOTAL: \$3350.00**. Payment by bank check or money order will be made to Heartland Fire Training Facility at time of entrance notification.

# **APPLICATION GUIDELINES**

Information for your Reference

Dear Fire Academy Applicant:

Thank you for your interest in the 22nd Heartland Fire Academy. We hope this program will help you in preparation for a career in the Fire Service. The Heartland Fire Academy is a Miramar College course (FIPT 381) that is accredited by the California State Fire Marshal.

Please read the information provided to you in the following pages and follow the instructions carefully when filling out your application. **Incomplete application packages, or failure to comply with these procedures, may preclude your acceptance into the academy.** We thank you again for your interest and look forward to your participation within our program.

## **COURSE INFORMATION**

Academy 22 – 16-week course, start date will be Saturday, January 7, 2012 at 8:00 am. This course meets Monday, Wednesday, Friday and Saturday; 8 a.m. to 6 p.m.

Class locations will be the Heartland Fire Training Facility, San Miguel Fire Station #15 and other field locations.

## **IMPORTANT DATES**

October 10, 2011	Application Deadline
October 15, 2011	Written/Physical Agility Tests* <b>SEE</b> <a href="http://www.heartlandfiretraining.org/downloads">www.heartlandfiretraining.org/downloads</a> for test description
November 7 & 8, 2011	Oral Interviews*
November 15, 2011	Acceptance Notification
November 19, 2011	Acceptance Orientation (Mandatory) 8 a.m. – 1 p.m. **/**
January 7, 2012	Orientation Day (Mandatory) 8 a.m. – 6 p.m.
January 9, 2012	First Day of Academy

\*Times TBA

\*\*Academy Fee payable by Money Order/Cashier Check

\*\*\*Order/Pay PT Uniforms (cash) see PT information sheet

## **MINIMUM REQUIREMENTS**

Minimum Age of 18 years, High School Graduate (or equivalent), possession of a valid San Diego County EMT-1A and CPR card at time of application, written test, physical ability test, medical examination, and a valid CA Drivers License or (picture ID).

## **COURSE DESCRIPTION**

This 486-hour (+) CA State Accredited academy includes sessions on topics such as firefighter safety, equipment operation, fire extinguishers, forcible entry tools and techniques, lifting and hoisting equipment, fire hose, hose nozzles and fittings, hose evolutions, ladders, breathing apparatus, fire control, fire prevention, and more; plus manipulative sessions giving recruits the opportunity to practice skills taught in the classroom. Upon completion of the academy, successful students will receive a State Fire Marshall FF 1 checklist with attained tasks (a necessary document to receive a State Fire Training Firefighter 1 Certificate), and a Miramar College Course Completion Certificate.

## **PHYSICAL TRAINING**

Physical Training is an important component of the Academy. All candidates must be in good physical condition before entering the Academy. Recruits will be required to complete a personal history report and statement indicating freedom from physical disabilities which would restrict physical training. SEE [www.heartlandfiretraining.org/downloads](http://www.heartlandfiretraining.org/downloads) for information.

## **WRITTEN/PHYSICAL EXAMINATIONS**

The test will be based on *Essentials of Fire Fighting, 5<sup>th</sup> edition*; Chapters: Fire Behavior, Building Construction, Forcible Entry, Ground Ladders and Ventilation. Passing Score is 80% and above. Candidates that pass the written test will move on to the physical abilities test. **IF YOU SUCCESSFULLY COMPLETED THE WRITTEN/PHYSICAL EXAMS IN 2011 THROUGH THE CITY OF EL CAJON OR SAN MIGUEL FPD, YOU DO NOT NEED TO RETAKE THESE TESTS. INFORMATION REGARDING YOUR RESULTS WILL BE PROVIDED TO HEARTLAND FIRE TRAINING BY THE AGENCY. CPAT is not accepted at this time.**

## **CONDUCT**

The Academy is conducted in a paramilitary format; however every effort is made for success of all candidates. Candidates are expected to adhere to all rules of conduct. Appearance and grooming standards are enforced. All questions regarding Academy operations and expectations will be answered during the Official Orientation after acceptance to the academy.

## **MEDICAL EXAMINATION**

Successful candidates will be required to complete a Respirator Clearance Doctor Exam; specific to OSHA requirements. The medical examination is completed at the Candidate's expense; approximate cost \$250.00. Exam is given at Sharp Rees-Stealy. More information will be provided at Acceptance Orientation.

## **APPLICATION INSTRUCTIONS**

Please type or use **blue ink ONLY**. Fill out the attached application completely and return it to: Heartland Fire Training Facility; 1301 N. Marshall Ave., El Cajon CA 92020 during normal office hours on or before: **3:00 p.m. Monday, October 10, 2011** (excluding weekends). It is the applicant's responsibility to ensure that all pertaining documents arrive with your application packet. All supporting documents must be in your application package for you to be considered for the academy.

- ◆ Candidate Application
- ◆ Profile
- ◆ College transcripts (unofficial transcripts)
- ◆ EMT1, EMT2, Paramedic (submit a copy of your card)
- ◆ Copy of CA Drivers License
- ◆ Verification of reserve, cadet, volunteer, seasonal firefighter experience (submit on department letterhead)

**STAPLE ALL DOCUMENTS IN ONE PACKAGE; NO NOTEBOOKS/FOLDERS**

## **ADDITIONAL REQUIRED EQUIPMENT – MORE INFORMATION UPON ACCEPTANCE**

PT UNIFORMS

RUNNING SHOES

SWEAT SOCKS

SWEAT PANTS & SHIRT

CLASS B NOMEX PANTS AND SHIRT

GLOVES

BOOTS

**A COMPLETE APPLICATION SHOULD INCLUDE:**

- HEARTLAND FIRE ACADEMY APPLICATION (ATTACHED)
- "TELL ME ABOUT YOU" (FORM ATTACHED)
- COPY OF VALID DRIVER'S LICENSE (OR PICTURE ID)
- COPIES OF COLLEGE TRANSCRIPTS (official transcripts not required)
- ANY LETTERS OF RECOMMENDATION
- COPIES OF ANY RELATING CERTIFICATIONS AND/OR CPR, EMT, OR PARAMEDIC CARDS
- VERIFICATION OF RELATED WORK EXPERIENCE ON DEPARTMENT LETTERHEAD
- CERTIFICATE OF RELEASE OR DISCHARGE FROM ACTIVE DUTY (DD214) IF APPLICABLE

**MAIL APPLICATION PACKET TO:** HEARTLAND FIRE TRAINING FACILITY  
1301 N. MARSHALL AVENUE, El Cajon CA 92020

**OR**

**DELIVER APPLICATION PACKET TO:** HEARTLAND FIRE TRAINING FACILITY  
1301 N. MARSHALL AVENUE, El Cajon CA 92020

**OFFICE HOURS FOR DELIVERY:** Monday – Friday – 7:30 a.m. to 3:00 PM (with the exception of Friday; September 23, 2011 hours are 7:30 a.m. to 11:30 a.m.)

CLOSED SATURDAY AND SUNDAY

**APPLICATION DEADLINE:**

**ALL APPLICATIONS MUST BE RECEIVED BY 3:00PM, MONDAY, OCTOBER 10, 2011**